



# Pre-K Family Newsletter

United Way of Bucks County

July 27, 2020



## Outdoor Summer Fun

Although it may not seem like it, there are many local, free, and low-cost things your family can do this summer. This newsletter includes some things to do outdoors in beautiful Bucks County, and in the comfort of your own home.



### Free & Low-Cost Things to Do in Bucks County

Bucks County has over 7,500 acres across 16 county and state parks. Whether you're in Lower, Central, or Upper Bucks, there are plenty of places to see and explore. Here are just a few:

#### **Silver Lake Nature Center, Bristol**

*Nature trails, exhibits, wetlands, play areas, and Earthship*

#### **Falls Township Community Park, Levittown**

*Playgrounds, hiking, trails, and fishing*

#### **Shady Brook Farm, Yardley**

*Seasonal events, pick your own food, market, and garden center*

#### **Churchville Nature Center, Churchville**

*Nature trails, animal displays, wildlife viewing areas, picnic grove*

#### **Tyler State Park, Newtown**

*Hiking, biking, fishing, playgrounds, and picnic areas*

#### **Hellerick's Family Farm, Doylestown**

*Adventure farm, obstacle course, goat yoga, and market*

#### **Nockamixon State Park, Quakertown**

*Picnic areas, biking, boating, hiking, and swimming*

#### **Ringneck Rocks Park, Upper Black Eddy**

*Hiking, picnicking, and a unique field of ringing rocks. Bring a hammer!*

## Helpful Websites

<https://www.visitbuckscounty.com/things-to-do/planning-ideas/free-things-to-do/>

<http://www.buckscounty.org/government/ParksandRecreation>

<https://uncoveringpa.com/things-to-do-in-bucks-county-pa>

Find all of these and other resources on our website  
[www.uwbucks.org/preknews](http://www.uwbucks.org/preknews)

**LIVE UNITED**

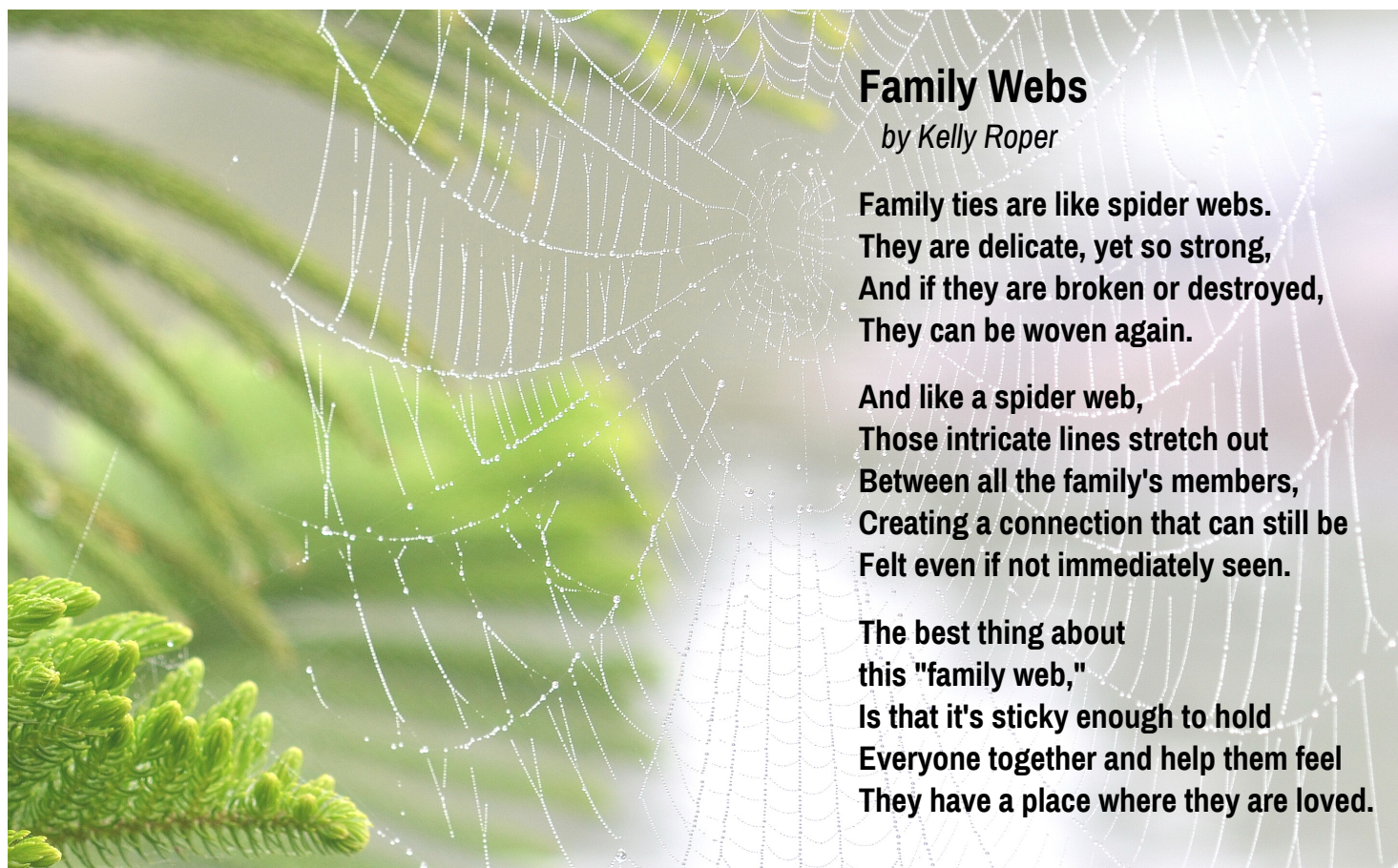


## Summer Memories

Summer is a great time to make special memories with your children. Doing things together as a family will give you and your children a sense of belonging, which is very important in social-emotional development. It's fun to try something new, but it's also good to do simple routine things together often and turn them into family traditions. Just as doing exercises over and over makes muscles strong, doing activities together over and over makes families strong.

### Fun & Creative Things To Do At Home

- 1. Plan a group project.** Plant a garden, make a family scrapbook, put together a family play.
- 2. Make a special meal.** Try making homemade ice cream, pizza, or pasta. How about a new dessert?
- 3. Think outside of the box.** Build a fort on a rainy day, set up an obstacle course, or make an art project.
- 4. Take the indoors outdoors.** Watch a movie in the yard or have a camp out under the stars.
- 5. Change your daily routine and do something different.** Pick a day to have breakfast for dinner, have a picnic in the middle of the yard, or stay up late.



### Family Webs

*by Kelly Roper*

Family ties are like spider webs.  
They are delicate, yet so strong,  
And if they are broken or destroyed,  
They can be woven again.

And like a spider web,  
Those intricate lines stretch out  
Between all the family's members,  
Creating a connection that can still be  
Felt even if not immediately seen.

The best thing about  
this "family web,"  
Is that it's sticky enough to hold  
Everyone together and help them feel  
They have a place where they are loved.